



THE RESEARCH FOUNDATION
The State University of New York

medco

Your Prescription Drug Benefit Handbook



Welcome!

We're proud that The Research Foundation of SUNY has chosen Medco to manage your prescription drug benefit for retail and mail-order services. You're in good company. Medco also provides quality prescription drug benefit services to over 60 million Americans.

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Your prescription drug benefit

Benefit	Medco By Mail	Retail pharmacy
How much medication can I order?	Up to 90-day supply	Up to 30-day supply
What is my co-payment for medications?	<p>\$20.00 for generics \$40.00 for plan-preferred \$70.00 for nonpreferred You pay 50% coinsurance for medications used to treat infertility</p> <p>If you purchase a brand-name medication—and a generic medication is available—you will pay the appropriate co-payment, plus the difference in cost between the brand-name medication and the generic medication.</p>	<p>\$10.00 for generics \$20.00 for plan-preferred \$35.00 for nonpreferred You pay 50% coinsurance for medications used to treat infertility</p> <p>If you purchase a brand-name medication—and a generic medication is available—you will pay the appropriate co-payment, plus the difference in cost between the brand-name medication and the generic medication.</p>
Are there any other costs ?	No. Standard shipping is free.	No

This information is an overview of The Research Foundation of SUNY prescription drug benefit. Benefits and co-payments are subject to change by your health plan.

Medications preferred by your plan

Your plan includes a list of prescription drugs that are preferred by your plan because they help to control rising prescription drug costs. This list, sometimes called a formulary, has a wide selection of generic and brand-name medications.

Bring the enclosed list of your plan's preferred medications with you to each doctor visit to discuss whether a drug on the list is right for you. If you need information about it now, visit us at www.medco.com or call us toll-free at 1 800 251-7690.

Your pharmacy options

Retail pharmacies

You may want to use a **participating retail pharmacy** for short-term prescriptions (such as antibiotics to treat infections). Be sure to show your prescription benefit card to the pharmacist, and pay your retail co-payment for each prescription.

To find a participating retail pharmacy near you:

- Visit www.medco.com and click "Locate a pharmacy."
- Ask at your retail pharmacy whether it is a Medco participating pharmacy.

If you use a nonparticipating retail pharmacy, you must pay the full cost of the prescription and then submit a reimbursement claim to Medco. They will reimburse the amount the drug would have cost at a participating retail pharmacy minus your retail co-payment.

Medco By Mail pharmacies

Over 6 million members enjoy the convenience and savings of **Medco By Mail**. The medications you take on a long-term basis can be delivered to your home or office by one of our pharmacies.

Medco By Mail advantages:

- **Get a 90-day supply** (compared with a typical 30-day supply at retail) of covered medications for **just one mail-order co-payment**.
- **Registered pharmacists** are available 24 hours a day, 7 days a week.
- **Order refills** online, by mail, or by phone—anytime day or night. To order online, register at **www.medco.com**. Refills are usually delivered within 3-5 days after we receive your order.
- **Choose a convenient payment option**—check, money order, credit card, or our automatic payment program.
- **Standard shipping is free.**

How to start saving with Medco By Mail

- 1 When using **Medco By Mail**, be sure to ask your doctor to write a prescription for up to a **90-day supply** of each medication (plus refills for up to 1 year, if appropriate).
- 2 Fill out the enclosed **Medco By Mail** order form.
- 3 Send the completed form, your prescription order, and your payment option in the **Medco By Mail** envelope provided.

Your medication usually will be delivered within 8 days after we receive your order. If you are currently taking a medication, be sure to have at least a 14-day supply on hand when ordering. If you don't have enough, ask your doctor to give you a second prescription for a 14-day supply and fill it at a participating retail pharmacy while your mail-order prescription is being processed.

You can also choose to sign up for **Medco By Mail** online. To register,

visit www.medco.com and follow the easy instructions. Once you have registered, click "Order center" and follow the instructions. Medco will contact your doctor to transfer your current prescriptions to **Medco By Mail**.

You may also have your doctor fax your prescriptions. Ask your doctor to call 1 888 327-9791 for faxing instructions.

The Medco Special Care Pharmacy

Some conditions, such as anemia, hepatitis C, multiple sclerosis, asthma, growth hormone deficiency, and rheumatoid arthritis, are treated with specialty medications. If you use specialty medications, you'll appreciate the **Medco Special Care Pharmacy** extras, including:

- Up to a 90-day supply of your specialty medication for just one co-payment.
- Access to nurses who are trained in specialty medications.
- Answers to your questions about specialty medications from a pharmacist 24 hours a day, 7 days a week.
- Coordination of home care and other healthcare services

For more information, call the **Medco Special Care Pharmacy** at 1 800 251-7690.

Online Services

If you have Internet access, you can take advantage of Medco's award-winning, consumer-friendly website. More than 4 million members have registered at www.medco.com to:

- Review plan highlights and get health and wellness information.
- Compare brand-name and generic drug prices.
- Obtain order forms, claim forms, and envelopes.

- Submit mail-order prescriptions and refills.
- Check the status of **Medco By Mail** orders.
- Check and pay mail-order account balances.

General Information

To contact Member Services Member Services is available 24 hours a day, 7 days a week, by calling toll-free 1 800 251-7690. Our Member Services representatives can:

- Help you find a participating retail pharmacy.
- Send you order forms, claim forms, and envelopes.
- Answer questions about your prescriptions or plan coverage.

To access Medco by TTY TTY is available for hearing-impaired members. Call **1 800 759-1089**.

To order prescription labels printed in braille Braille labels are available for mail-order prescriptions. Call 1 800 251-7690.

Other things you should know

Medco protects your safety

The risks associated with drug-to-drug interactions and drug allergies can be very serious. To protect your safety—whether you use **Medco By Mail** or **medco.com**TM—Medco checks for potential interactions and allergies. We also send information electronically to participating retail pharmacies.

Medco may contact your doctor about your prescription

If you are prescribed a drug that is not on your plan's preferred list, yet an alternative plan-preferred drug exists, we may contact your doctor to ask whether that drug would be appropriate for you. Please be assured that your doctor will always make the final decision on all your medications. If your doctor agrees to use a plan-preferred drug, you will never pay more and will usually pay less.

Medco protects your privacy

Because your privacy is important to us, Medco fully complies with federal privacy regulations. Medco uses health and prescription information about you and your dependents to administer your plan and to fill your mail-order prescriptions.

Your plan may have coverage limits

Your plan may have certain coverage limits. For example, prescription drugs used for cosmetic purposes may not be covered, or a medication might be limited to a certain amount (such as the number of pills or total dosage) within a specific time period.

If you submit a prescription for a drug that has coverage limits, your pharmacist will tell you that approval is needed before the prescription can be filled. The pharmacist will give you or your doctor a toll-free number to call. If you use **Medco By Mail**, your doctor will be contacted directly.

When a coverage limit is triggered, more information is needed to determine whether your use of the medication meets your plan's coverage conditions. We will notify you and your doctor of the decision in writing. If coverage is approved, the letter will indicate the amount of time for which coverage is valid. If coverage is denied, an explanation will be provided, along with instructions on how to submit an appeal.

Controlled substances

Federal law prohibits the return of dispensed controlled substances.

Medco manages your prescription drug benefit at the request of The Research Foundation of SUNY.